

Glow in the Dark Frisbee

Hey RA's here a fun and simple way to get your residents to turn off their lights for a bit and increase their standing in EcoMadness!

Invite everyone out to play Frisbee!...in the dark!

Glow in the Dark Frisbees will be provided by the OEP

Here are some options:

- Casual play - just like playing a game of catch. Distribute the Frisbees and let loose, resident can play with them however they would like.
- "Egg" toss - set up in pairs and have a contest to see which pair can get the most consecutive tosses without dropping the Frisbee. If it starts out too easy, remember to keep moving people further and further apart.
- Ultimate Frisbee – set up in teams and have a full game of ultimate!